

## ABSTRACT

An e-mail sending and receiving system is disclosed, by which positional data about a plurality of places can be included in an e-mail message to be sent, and further  
5 detailed data can be obtained based on the included positional data, thereby improving the convenience and effectiveness of the positional data. The system comprises a mail generating section for generating an e-mail message to be sent to an addressee; a positional data storage section for storing a plurality of positional data; and a positional data attaching section for attaching one or more of the positional data stored in the  
10 positional data storage section to the e-mail message generated by the mail generating section. The system may further comprise a section for generating detailed data relating to each positional data attached to the e-mail message, and attaching a URL for accessing the detailed data to the e-mail message.